

Pencalenick School

Preparing our pupils for a full, interesting and productive life at Pencalenick and beyond



Newsletter 10.02.2023



Update from Mr Oak, Head Teacher

Where has this last half term gone?

Since Christmas, we have had a refocus on what it means to be part of the Pencalenick community. This was a focus for our INSET day on the 27th Jan and has been a theme we have investigated through pupil parliament and cropped through the recent parent survey. I think we have spend such a long time (post Covid) considering the needs of those immediately around us, we have spared less though to the wider needs of the community. So, this is a request for you to come up with any ideas or thoughts (or positive comments) as to how we can help to improve the feel of our whole school community. Please drop me an e:mail (goak@pencalenick.org) and let me have your thoughts. I can't promise we can act on all things immediately, but it would be great to have the views of parents, carers, pupils and staff as we continue to work making this a school to be proud of. Happy Valentine's day.

Forthcoming Events at Pencalenick School

13 th - 17 th February:	Half Term Break
w/c 3 rd March:	School Reports
2 nd March:	World Book Day – details to follow
10 th March:	Visit from police dogs, Dexter & Sky
17 th March:	Red Nose Day
20 th March:	Visit by Youth Officer
24 th March:	Pirate Day
3 rd – 14 th April:	Easter Break

A big 'Thank You' to Nick.....we love our new bench

Nick has been at Orchard Manor for 5 years and has a keen interest in keeping fit. He decided we would like to raise money for mindfulness benches, a project to put seating in peaceful places around the school grounds where visitors, pupils and staff can take some time out.

Nick cycled 100 miles in one day at Torbay Velopark with his PE teacher. They started very early in the morning and completed the 100 miles by 6pm. Nick raised £1,098 to buy the benches which was matched by the SPT. Nick then felt he would like to get a bench for other schools in the Trust and he decided that Pencalenick School should have one. The bench has been sited on the terrace overlooking the Italian garden.



Class Highlights

This half term has gone so quickly for us in Trelissick, but we have managed to cram so much in! We have thoroughly enjoyed cooking mini pizza quiches and delicious cheese scones in our cooking lessons. In Science we have been amazed by how interesting human cells are! We cannot believe that the year 7's are officially half way through their first year of secondary school! Have a lovely half term, from Trelissick.



Oscar's models demonstrating different climate types



Enjoying sensory circuits in PE



Great group work in cooking



Making delicious pizza quiches



Euan using manipulatives to work out fractions



Sophie showing the direction of cell diffusion

Port Quin have been enjoying a full and varied curriculum! We have enjoyed learning about the Chinese New Year, the 12 zodiac animals and the story around them. It turns out that Port Quin is a class full of rats and pigs!

As part of our ASDAN qualification, we have been looking at transport. We took the park and ride on the full route to see where it stops and talked about how this could be a good alternative to driving into town and parking. It was Nellie's first time on a bus! After half term, we are hoping to catch a train.

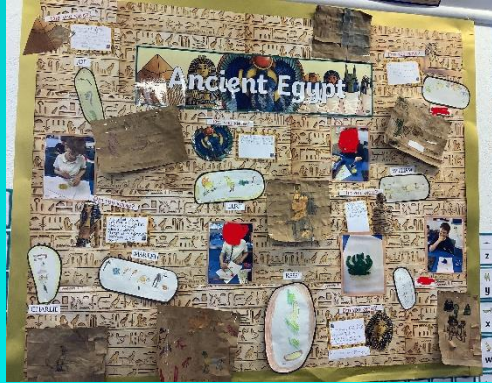


Two of our Year 11 students have started to visit Footsteps of Discovery –an outdoor learning centre –for one day a week. They have been learning how to make a fire and looking at camping in the woods.



Class Highlights

Pencarrow class have had a fantastic start to their year! In English they have been learning all about non-fiction texts and have created presentations all about their hobbies and newspaper reports. They have produced some brilliant Ancient Egyptian art work including salt dough scarab beetles. Our classroom is looking very colourful and show cases some brilliant pieces of work. We are so proud of what Pencarrow have achieved so far this year!



Heligan Class have been busy this half term looking at the work of David Attenborough and the world around us. We explored different habitats and how we know if they are hot or cold. We sorted animals that lived on the land and in the sea. We have looked at animals from different countries and also explored stories from other cultures. We started the term looking at shapes in Maths, we've shape hunted and explored the properties of different shapes. Our focus on shapes linked to looking at the artwork of Kandinsky and creating our own Kandinsky inspired work using circles. In PE we have had great fun using the sport wheelchairs following a course and manoeuvring around obstacles. We have found out about festivals and celebrations from different religions and cultures and took part in activities linked to the Lunar New Year and even created our own dragon dance!

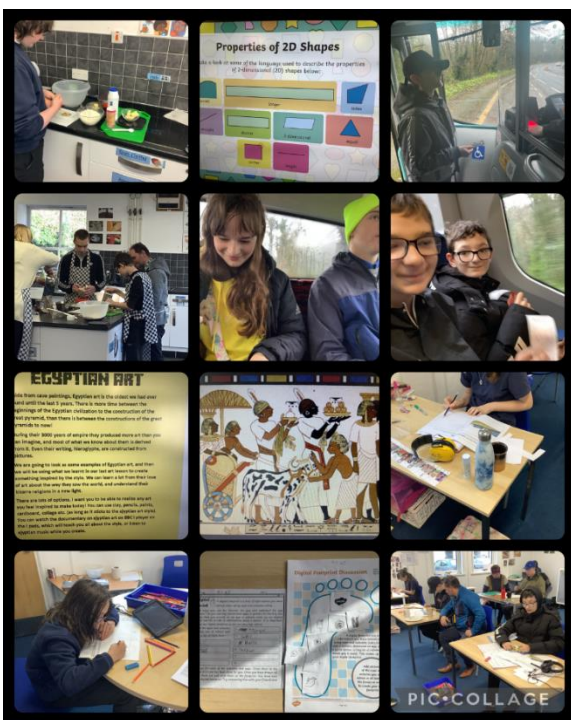


Another busy term for **Bedruthan**... as well as working hard on our English and Math qualifications we have been studying cells under a microscope as part of our Science lessons. We had a special visitor called Hannah Lawrence who taught the class how to make a mug using a method called Pinch Pottery, hopefully we will have another session with Hannah after half term.

Bedruthan have had a new cookery teacher!, Mrs Franks has so far been teaching our group how to make cheese scones and pizza quiches. As part of our PSHE lessons we have been focusing on the world of work and jobs options. We have also studied Changes and Choices and as a group we have had very mature discussions about growing up. Well done Bedruthan!

Class Highlights

What a super start to the Spring term! Here in **Lanhydrock** we have begun work on a wildflower meadow. This comprised writing letters to local carpet companies, then using donated carpet to smother shaped areas of grass which we will later seed with wildflowers so watch this space! Last week we ventured out to Portreath to investigate coastal erosion as part of our Geography unit on Coasts. The students made field sketches, performed a short drama piece about longshore drift and then enjoyed a hot chocolate at the beach café after all their hard work. Top job Lanhydrock!



This half term **Caerhays** have been very busy getting out and about on public transport as part of ASDAN. We have been looking at and giving Egyptian Art a go. In Humanities we have been learning about rivers and coasts.

Cooking lessons have been going well with Miss Franks – we have made cheese scones, mini quiches and chocolate muffins.

In Maths we have been doing shape and in English, looking at hobbies & interests.

We have continued accessing Forest School and getting out on the bikes.

In ICT we have investigated what our digital footprint means and looked at staying safe online.

Towan continue to amaze the tutor team with their interests, ideas and indeed their achievements. As the academic year progresses so does the group, gelling well creating a real crew who, on the whole, get on really well! We are learning to accept each other's differences and opinions.

This term we have experienced and learnt numerous new things, all of which have had a positive effect on the team. We continue our weekly shop on a budget for ingredients to prepare a healthy meal, sharing our produce with a chosen member of staff. When reflecting on this term, the pinnacle was a fishing trip out of Falmouth where the boys caught lots of mackerel, and then cooked it later in school. This has the added bonus of allowing them to building on their friendships.



Class Highlights

It has been a particularly exciting start to the year for **Pendennis Class**. On the 9th January, on Launch Day, we visited Newquay Airport and Spaceport Cornwall to see the final preparations before launch. It was very exciting to see Cosmic Girl, the nickname for the plane, loaded with Launcher One and ready to attempt to place satellites into space.

On 26th January, the amazing people from Bag O'Rags visited us with a donation of pirate themed goodies for our whole school production of the Pirates of Pencalenick. Here is Claire from Bag O'Rags handing over the treasure to our Deputy Head, Jodie and Pendennis Class. Thank you to Bag O'Rags for your generosity and support.

We have been looking at hobbies and interests this half term as we explore all Cornwall have to offer us both now and in the future. A real highlight was seeing Ted from our class, ride a bicycle for the first time. This is the result of a lot of patience, persistence and resilience from Ted and we are all very proud of him.

We are ending this half term with a trip to Discovering42, a new interactive science museum in Bodmin. Check Facebook for pictures of this trip.



This half-term **Botallack class** have been enjoying cooking with Mrs Franks, making scones, pasta dishes and snacks. In Science we have been learning about plant and animal cells and have used the microscopes in the science lab to investigate and learn more about how cells form together to create organisms.

The class have been developing their computer science skills, making powerpoints, focusing on using the internet to search and capture images and to use the slide functions to create interesting transitions.

Students have also enjoyed practicing their skills in wheelchair basketball and spending social time together.



This half term in **Trebah Class** we have done the following:

Maths- we have looked at data and charts, we completed a car colour survey using tally charts. Cooking- We have made pizza quiches and cheese scones.

RE – we have been focusing on Hinduism, we made Diwali lamps and learnt about the story of Rama and Sita .

We have enjoyed playing games as part of a group, Pop Up Pirate and Uno are our favourites.

We have been on walks in the woods and down by the river, we used pedometers to measure how many steps we took.

Class Highlights

Trerice have had another very busy half term packed full of academic and practical activities. Whilst the GCSE candidates finish their third and final piece of English coursework, the English/PSHE topic for the rest of the group has been 'The World of Work.' Pupils have just completed their English speaking and listening assessment, where they had to sit a mock interview for a job of their choice. We incorporated a bit of Drama into the role, looking at how to use body language, facial expression and intonation to demonstrate confidence. In ASDAN we have started looking at 'Independent Living.' The pupils have all had the opportunity to demonstrate their independence skills at Costa Coffee shop. They successfully ordered and paid for a drink with no support from staff and then enjoyed an afternoon chat over their cuppa. Other practical activities this term have included a pinch-pottery workshop from an external practitioner as part of the pupils' Bronze Arts Award, and making quesadillas, quiche, cheese scones and muffins in Cookery lessons. In Science there has been a lot of theory to cover for our 'Cells and Organisation' topic, but the pupils have been able to use the microscopes to view different cells, including taking a swab of their cheek cells, and they have enjoyed dissecting a chicken wing to make comparisons with the human arm. Last but not least, Trerice had a fun day out at Falmouth Maritime Museum, where we took great enjoyment in dressing up as lifeguards, role-playing on the boats and relaxing in the look-out tower. Hope you all have a lovely half term.



Other News.....



Weekly Cookery Lessons are back....

Since January the student kitchen has been overhauled and cookery lessons are now happening weekly for all year groups, led by Mrs Franks.

In addition to preparing simple dishes we are working on living skills and working towards independence.

The children enjoy their lessons and so far have made, mini pizza quiches, cheese scones and chocolate chip muffins.

PUPIL PARLIAMENT

The Pupil Parliament have been exploring how to make free time (break times and lunch times) even better, each MP spoke to their group to collect ideas and then presented them in January's parliament meeting. Ideas were collated and presented to Jodie Watkins-Young who then attended our February meeting to feedback on what ideas were manageable and what progress has been made towards achieving them. There are some exciting opportunities for pupils to try out clubs and activities at school coming up! The Senior Leadership team have asked MPs to work with their groups to explore ways to develop a pupil wellbeing team, and for ideas and suggestions to help provide a healthy tuck shop

Class Highlights

Eden have had a busy start to 2023. We have been trying to get outside as much as possible to enjoy the fresh, crisp air, and identifying flowers. In English we have been practicing spelling, handwriting and asking and writing questions. We have been writing about our hobbies and interests. In Maths, we have learnt about number and place value and data. For the data part we completed a survey of some of the children and recorded our results on a tally, we used that data to draw pictograms and bar charts. Everyone did a great job of this and have produced some great maths. In Science, we have been classifying animals, and looking at animal and plant cells close up through a microscope in the Science Lab. This was a really interesting lesson, all the children enjoyed being Scientists.

Next term, we are planning on working in the school nursery. We hope to be planting fruit and veg and colourful flowers as part of our project work for ASDAN, outdoor learning sessions and wellbeing.



In **Crantock Class**, we have been busy this team baking lots of treats for home. Also been doing a bit of spring cleaning helping caretaker Reece and getting a bit wet! We have enjoyed studying different artists and creating our own pictures in those styles as well as making decorations for Valentine's Day. Lots of fun had by all!



'HAVE A GO DAYS'

**FREE TO ATTEND. A FUN AND FRIENDLY
ACTIVITY FOR CHILDREN WITH
ADDITIONAL NEEDS OR DISABILITY AND
THEIR SIBLINGS OR FRIENDS, AGES 6-17**



Wednesday 15 February at:

**10am-12pm at Bodmin
Leisure Centre**

2-4pm at Cornwall College



**Booking is essential. For more
information and to book your free
place(s) contact Sharon on:**

**01736 759500 or email
sharonw@disabilitycornwall.org.uk**

**Find us on Facebook by searching
'Have a Go Days Cornwall'.**





Activities to do with your child

NSPCC has worked with ‘Ambitious about Autism’ and parents and carers who have children with Special Educational Needs or Disabilities (SEND) to create activities to help talk about online safety.

- [Sharing personal details](#)
- [Friendships online](#)
- [One-page profile](#)
- [Cyberbullying for children with SEND visual article](#)
- [Talking to people online for children with SEND visual article](#)

Information produced in partnership with [Ambitious about Autism](#), with the support of O2 during their online safety partnership with us.



[FREE NSPCC Online Safety Workshops for Parents & Carers](#)



The workshops are 1 hour and will help parents and carers to find out about:

- What children and young people are doing online
- Parental concerns
- What the risks are for young people in terms of what they see, do, and who they meet online
- How to manage these risks as a parent/carer
- Sources of help and support

Each workshop will also focus on a combination of the following topics:

- Gaming
- Social Media
- Online Bullying
- Parental controls
- Mental health and well being
- Modelling good behaviour
- Online challenges, hoaxes and scams
- Persuasive design and screen time vs screen use

22 Feb	5-6pm	Online bullying, social media, modelling good behaviour
28 Feb	7-8pm	TBC