### **Pencalenick Post**

Preparing our pupils for a full, interesting and productive life at Pencalenick over 5 sites, and beyond.



### Newsletter 31.03.2023



### **Update from Mr Oak, Head Teacher**

So here we are at the end of another term. I hope you are enjoying looking at the newsletters which aim to provide a little insight into a few of the things we are getting up to across Pencalenick and its five sites. This newsletter should complement the learning journeys that will be with you soon which represent a sample of the progress and achievements our young people have made by way of academic outcomes and their personalised learning goals. As you will all know, Pencalenick School operates over five sites; the main site at Pencalenick plus the four area resource bases (ARBs) located at our partner mainstream schools in different parts of Cornwall. Although the education offer remains unique in each setting to meet the needs of the local cohort, we have included the ARBs in this newsletter so everyone can share in what they have been getting up to. It remains for me to wish you all a happy and restful Easter when I hope you can enjoy some quality time together. Happy Easter.

#### Forthcoming Events / Dates

3<sup>rd</sup> – 14<sup>th</sup> April: Easter Break

17<sup>th</sup> April: Phoenix Course for Year 11 at Pencalenick School

21<sup>st</sup> April: 10am – 12pm Careers Drop In Session for parents at Pencalenick and Brannel ARB (see below)

1<sup>st</sup> May: Bank Holiday, all sites closed

2<sup>nd</sup> May: Inset Day for Pencalenick, Bude and Brannel ARBS. Sites closed to pupils

Note: no inset day for Falmouth and Mount Charles ARBs so they will be open on 2<sup>nd</sup> May.

8<sup>th</sup> May: All sites closed (King's Coronation)
10<sup>th</sup> May: Pencalenick Friends meeting

15<sup>th</sup> May: 3.15pm-5.15pm Careers Drop In Session for parents at Pencalenick and Brannel ARB (see below)
 17<sup>th</sup> May: New starters parent evening, combined with sensory event for Pencalenick School site Only

29<sup>th</sup> May to 2<sup>nd</sup> June: Half Term

28<sup>th</sup> June: Summer Fayre for all pupils and their families across Pencalenick and its five sites.

#### **Arbor Parent Portal**

We have had a great response to the opening of our Arbor Parent Portal App with almost 75% of our parents having already signed in.

The Portal gives you access to a restricted view of your child's profile on our information system. It allows you to check the details we hold are correct and gives you the ability to update them yourself. You can:

- Update your phone number, address and contact information
- See your child's attendance
- View your child's timetable
- Give or decline consents, including for trips and activities, photos, first aid, etc.

Once we get as close to 100% of parents signed up as possible, we will be able to open up other options, such as booking meals, paying for meals and trips.

If you have not already accessed the Portal, we would urge you to give it a go. If you would like some support to get started, please do not hesitate to contact Reception. See last page of newsletter for more information.

#### **Careers Drop in Sessions**

We wanted to provide you with an opportunity to meet with post 16 providers, and members of the Pencalenick staff team to discuss transition, post 16 provision and careers guidance in general.

This will be most relevant to Year 10 and 11 pupils, however we appreciate that parents from across the school may wish to attend, so everyone is welcome.

Pencalenick School have arranged two separate drop-in sessions which we are hosting at the school. The first is on Friday 21st April 10.00am-12.00pm. The second session is on Monday 15th May at 3.30pm to 5.30pm.

We will be inviting our post 16 partners to join us, those confirmed so far are:

- Cornwall College
- Truro and Penwith College
- Kehelland Trust Newquay Orchard
- Fran Dolan- Careers Advisor

### Lanhydrock

After the excitement of our Lego League success, Lanhydrock found a through line from our work on coasts into the world of Cornish Artists. We have created sculptures from soap bars inspired by Barbara Hepworth, seascapes in the style of Sue Read, and next week will make art from litter, after our research into the work of Georgina Maxwell.

Before we break up for Easter we will seed our wildflower meadow and also bring to a close our work on post-war Britain through the decades. What a great excuse it has been for listening to our favourite music from the past!











#### **Caerhays**

This half term we have been looking at poetry and song in English and pupils have produced some interesting poems. In Maths we have covered calculations, shape and measures. In Science we have been studying animal habitats. We have also had some fun drawing with a 3D pen and taking part in sensory circuits in the gym.

All the pupils in Caerhays loved the visit from the police dogs and some enjoyed a walk with them. As Spring is in the air, we have started planting seeds in the poly tunnel to use for cooking next term. Finally, as part of World Book Day, we enjoyed several quizzes on books and characters from books.

#### **Port Quin**

We have enjoyed looking at different topics this half term. In RE we have enjoyed looking at celebrations and this has been particularly appropriate as two of our pupils have birthdays! In English we have been looking at poetry, rhyme and reason and we managed to combine this by writing birthday poems for Jude! In ASDAN we have been furthering our knowledge of travel and looking at distances and how long it would take to get to different places. Did you know that it would take 120 days to walk to America!



As the term comes to a close, the pupils of **Trerice** are just finishing off their CVs and personal statements as part of their English assessment. In Maths they have completed Component 8 - Statistics and made a start on Component 6 - Measure. Our GCSE candidates have finished their three pieces of English coursework and are now preparing for their speaking and listening exam. In Maths they continue to work hard in preparation for their GCSE exams.

In other subjects, we have looked at protest and revolution in Humanities, including the English Civil War, the French Revolution and the American Revolution. In Science our topic has been adaptation, evolution and inheritance, with a focus on habitats and environments, as well as the various different theories that accumulated into Charles Darwin's Theory of Evolution. Finally, the pupils have progressed in PE from struggling to serve in badminton to being able to play a game successfully, and in Creative Arts they have enjoyed being back in the studio doing a bit of Drama.



This half term's science topic has included ecosystems and habitats. Trelissick class have decided to create our own little pond to see what it can attract. The students were very independent with this, collecting and cleaning base gravel and building a brick surround. Some pupils visited the garden centre to buy oxygenating pondweed, which gave them a chance to practice their social skills and interactions with garden centre staff, as well as putting their money handling skills into practice. We hope you have a fantastic Easter!





This half-term has been full of music and movement as we explored all things Cornish and bookish! With poetry and song one of our themes, **Pendennis Class** led the school Saint Piran's Day parade with pride and shouts of "Oggy, Oggy, Oggy". They were in fine voice whilst waving their flags. We celebrated World Book Day in fancy dress and began a new class reader, the incredible 'Railhead' by Philip Reeve. The tale of trains crossing the universe to strange new worlds has had us all transfixed so far. Visits from the local police dogs unit and a clay potter helped bring the community to us before we go out ourselves on the last day of term with a visit to Newquay Zoo. Did you see our Comic Relief music video on YouTube? We have a much more ambitious film planned next!

#### **Eden Class**

We have been busy getting flower beds in the walled garden ready. We have been planting seeds in the classroom in preparation to transplant our seedlings out into the garden beds in the Summer Term. So far we have planted sunflowers, so we can have a competition to see whose will grow the tallest. We have also planted sweet peas and lettuces which are now beginning to sprout. We will nurture them into mature plants to pick and sell as part of Entrepreneurship towards our ASDAN qualification next term.

We had a super trip to Newquay Zoo. Unfortunately, the weather wasn't the driest but we still saw lots of different animals in their habitats. Seeing animals in their own surroundings really helped us to understand and consolidate our learning about habitats, plus at the zoo we all got to eat ice cream in the rain!

We have had the Police come to visit school and we met their dogs. We also met a mermaid in the school library, took part in a Red Nose Day video and enjoyed dressing up for World Book Day!



#### **Botallack**

This term Botallack have enjoyed making clay pots with a visiting artist. Pupils made thumb pots which will be fired and brought back into school for the students.

In cooking, the class learned how to make garlic and cheese scones and potato cakes - the children particularly liked making scones as the smell of fresh baking was so enticing.

Botallack have also enjoyed taking part in several school, county and world-wide activities. Students were given the chance to meet working police dogs, and pet the very friendly sniffer dog. We also took part in the St Piran's Day parade, making our flags for the procession, World Book Day and Red Nose Day.

Botallack have also been working hard on their academic studies and have enjoyed writing books poems, finding out about life in post-war Britain and developing their scientific knowledge on eco-systems.



#### **Pencarrow**

We are delighted to share the exciting developments that have taken place in Pencarrow over the past half term. Our students have shown remarkable progress in English, particularly in poetry, inspired by their reading of their class book The Hobbit. The boys have created a lovely collection of dragon poems, accompanied by magnificent illustrations that truly capture the mythical essence of the creatures.

As part of their ASDAN program, the boys embarked on a memorable school trip to St Ives. This visit helped them understand the various modes of transportation, and they even had the chance to experience a scenic train ride to Carbis Bay. The boys had a great time on the beach, enjoying various activities, and as a well-deserved reward for their efforts, they were treated to hot drinks and slices of cake from a nearby cafe.

In Maths, the boys have been studying place value and data handling, showcasing their understanding of these vital concepts.

The school's World Book Day celebrations were a resounding success, with the Pencarrow students dressing up as their favourite book characters and immersing themselves in dramatic activities.

In Science, the boys have been busy exploring different habitats, learning about their evolution and adaptation. They were fascinated to discover some intriguing facts about their surroundings, which have expanded their knowledge of the natural world.

Overall, we are immensely proud of the progress made by our Pencarrow students over the half term. Their enthusiasm and commitment to their studies have been impressive, and we look forward to watching them continue to grow and develop throughout the remainder of the school year.





#### **Bedruthan**

This term we have been learning about time, ratio and money as part of our Maths Entry Level Certificate.

For our Step up to English we have been looking at our next steps when we leave Pencalenick School and what we could do. Getting a job has featured this term and what avenues we can use to find one.

In our PE lessons we have been focusing on exercise and ways to keep fit, using the fitness suite and improving our badminton skills. Science has been about habitats, where we live and where animals live and what they need to survive.

Some of our class have visited Truro College and this will continue next term as well as visiting other colleges in the county. Well done Bedruthan on another busy term!





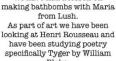


















The boys continue to amaze the tutor team with their interesting ideas and their progress. The boys have really gelled now into a crew and the whole get on really well! We are learning to accept each other's difference and opinions.

We have learnt lots of new things and had lots of new experiences this term. We continue to shop on a budget for ingredients to cook a healthy meal sharing our produce with a chosen member of staff. The pinnacle of this was a fishing trip from Falmouth where the boys caught lots of Mackerel which they gave to staff to cook.

During the last week of term our enterprise activity was to organise a school Disco to raise money for a class Play Station. The crew took this very seriously, all having roles during the afternoon - the event was very successful, raising over £80. The next project is to set up a car washing business to raise the remaining amount!

**Towan Class** 



This half term **Crantock** have been super busy. We have looked at performance and artistic poetry in English, tens and units and positional language in Maths and celebrations in RE. We have baked lots and even explored using a Victorian biscuit mould to see how they would have been made historically.

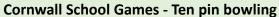
We have been doing lots of cycling and go karting, walks on the grounds and at National Trust sites and to make up for all the calories burned, we replenished ourselves by visiting cafes.

In Art we have looked at the work of Warhol and re created our own Warhol inspired self-portraits. In citizenship we have helped with jobs by helping the site team wash buses and clean chairs, we have cleaned the class by vacuuming, tidying desks, washing up and drying. Finally, we have been creating lots of Easter crafts ready for the holidays! Phew - what a half term.



#### Heligan

Heligan pupils have had a busy half term. We have met a mermaid and taken part in a St Pirans Parade. We have been reading the story 'Augustus and his smile' about a tiger who has lost his smile. We have explored different feelings and emotions and how they make us feel, identifying what we can do to help us manage our emotions and activities that help us relax. We have started work on our art project based around 'Surprised!' by Henri Rousseau we have explored the painting, and done some observational art work around leaves. We have made the most of the beautiful grounds and practised our photography by choosing leaves with interesting shapes and colours - we were very surprised by how many different greens we could find! In life skills we are developing our independence and preparing for adulthood by practising our shopping skills, remembering what we need to take with us to go shopping, and our home skills, gardening, sorting washing and setting the table



Heligan were fortunate to represent Pencalenick School in the Ten Pin Bowling tournament as part of the Cornwall School Games. Pupils attended Truro Bowl on the 28th March and were great sports. It was a noisy and busy experience but the pupils were excellent representatives of Pencalenick and even won 1st prize. Ewin was the highest scorer of the afternoon. We had two pupils, Ewin and Sebastian, who became members of the 100 club, scoring over 100 points individually. The staff team were very impressed by the good sportsmanship and behaviour of all the Heligan pupils. The pupils were very happy when they earnt their medals and even more impressed when they saw the trophy they were awarded. We've asked Mr Oak if there can be a Pencalenick School trophy cabinet.









## **Our ARB Classes**

#### **Mount Charles ARB**

Out topic for this half term was Africa.

We have had fun retelling our version of Bringing the Rain to Kapiti Plain and Giraffes Can't Dance with actions and sensory water spray.

Our focus on patterns has helped us notice and continue colour patterns and make our own using potato and carrot prints on colourful wallpaper. In DT, we made shakers and decorated with an African pattern of our choice.

Our cooking skills are developing, we baked flapjacks and cupcakes for Mother's Day. We also tried food from the oases of Africa: olives, dates, figs and oranges: oranges were our favourite!

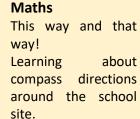


### **Budehaven ARB**



Our topic this term has been all things to do with Alice. We have looked at Lewis Carroll's poetry along the way and have especially enjoyed The Jabberwocky! and creating describing phrases for the gruesome creature.

In Science and Maths we have been looking at all things to do with measurement - some of the students were invited to 'sneak' into the mainstream Science labs to complete their investigations into temperature. We have enjoyed making things grow especially gummy bears!





**History Around Us** 

We have enjoyed going

out and about and have

been looking at the

architecture in Valley

Road near the school.

We looked for clues to

see how old our houses

student's house was

built in 1823!

One of our

**Mad Hats** We designed and made hats

for our Mad Hatters tea Party on the last day of term







We have found out this term that our bid for funding towards sports activities has been successful. Our bid included linking in to outside providers which we hope to set up over the coming months. Watch this space.



Red Nose Day...thanks to everyone for their support

### **Our ARB Classes**

#### **Brannel ARB**

The ARB have had a busy half term and the weeks have flown by!

Pupils have taken part in an interschool regional Table Cricket competition, developing our team work skills and resilience, and were amazing ambassadors for our school.

We have been exploring poetry through our literacy topic, creating poems inspired by nature and the history and landscapes of our local area.

Cooking and Gardening are highlights of our week, developing independent life skills in the kitchen and growing herbs and caring for the wildlife in our school garden by litter picking and making bird feeders.

As we move into the summer term, we are all looking forward to spending more time outside learning in the natural world. Have a lovely Easter break.



#### **Falmouth ARB**

We have had a great spring term with lots of exploration of Fauna and Flora in the school grounds and local community with walks around the local area. We then learnt about different animals including British wildlife and wild animals around the world. We had fun making and flipping pancakes, visiting Newquay Zoo and having visits from Mrs Kemp's Chickens and Rabbits.









## Other News....





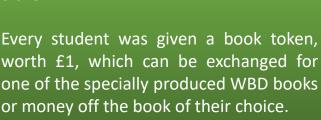




### World Book Day 2023

It was lovely to see so many book characters in school, including our newest TV star! Hector, from Trelissick Class, made an appearance on BBC Newsround in his superb costume.

As part of World Book Day, we shared our love of great stories and characters, even making potato versions for the latest viral craze.













To help raise awareness of Red Nose Day 2023, lots of our students were involved in the creation of a music video based on the classic Comic Relief singles of the past. The whole video can be seen on our Pencalenick School Facebook and YouTube pages.

Students also had the opportunity to make and /or decorate their own Red Nose cupcakes. They were all very proud to take them home....if they managed not to eat them first!













## Other News....

## **Celebrating St Piran and all things Kernow**

The students and staff of Pencalenick School all joined in our very own St Piran's Day style parade. With homemade flags waving and the shouts of "Oggy Oggy" the students were in fine voice.





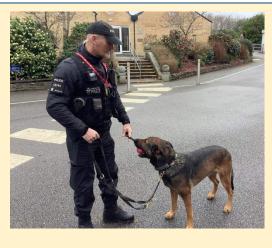
















We had a visit from part of the Devon and Cornwall Police Dog Unit.

The students had the opportunity to meet these amazing animals and find out how they work alongside their handlers.

The dogs were brilliant and some of the students even managed to see the police car lit up bright with blue and red lights

## Reminders....





## We're using Arbor's free Parent Portal and Arbor App

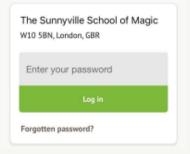
#### We've chosen Arbor to help us manage our school.

Arbor is a simple, smart and cloud-based MIS (Management Information System), which helps us work faster, smarter and more collaboratively as a school. The Arbor App and Parent Portal mean we can keep you informed about your child's life at school in a much more accessible way. Log into Arbor to see and update your child's information, get live updates and make payments or bookings on the go!

The Parent Portal works on Google Chrome (computer or laptop) and you can download the Arbor App from the App Store or Google Play Store on your phone (Android 5.0; iOS 10.0 and upwards).

### How to get started

- 1. Wait for your welcome email from us telling you Arbor is ready you won't be able to log in before
- 2. Click the link in your welcome email to set up your password
- 3. Go to the App or Google Play Store on your phone and search 'Arbor'
- 4. Click 'Install' on Android or 'Get' on iPhone then open the App
- 5. Enter your email, select the school, then enter your password
- 6. Accept the Terms & Conditions and enter your child's birthday



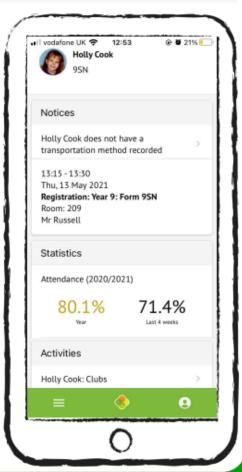
### Need help using Arbor?

Contact the school office if you have questions about Arbor, the App or Parent Portal. Tell us the type and model of your phone, e.g. an iPhone SE, and include screenshots or screen recordings.

To safeguard student data in line with General Data Protection Regulations (GDPR), Arbor only works directly with schools.

#### Some tips to try:

- Ensure your username is the email address you use for Arbor.
   Ask us to check the email address linked to your account.
- 2. Reset your password from the login page, or ask us to do this.
- 3. If the login email was sent to you more than 96 hours ago, the password link will have expired. Ask us to send it again.
- 4. Ask the school office to check that your email address has not been used twice e.g. on another guardian or child's profile.
- 5. Enter the birthday of one of your children to log in.
- Only relatives who are **Primary Guardians** of a child can access the Arbor App. Ask us to check you can access Arbor.



## Reminders....



Every session includes a healthy meal for all children.

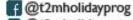
Activities are taking place across Cornwall during the Easter holidays April 3rd - 14th

Visit our website to register now

- · Activities available for children aged 5 16 ·
- Funded places for ALL children eligible for benefits related free school meals •

#### For more information:

- https://www.activecornwall.org/T2MHolidayProgramme
- Time2Move.HolidayProgramme@cornwall.gov.uk
- **6** 01872 323335



@t2mholidayprog

@t2mHolidayProg











# Our Safeguarding Children Partnership for Cornwall and the Isles of Scilly

<u>Cornwall and the Isles of Scilly Safeguarding Children Partnership - (ciossafeguarding.org.uk)</u>

### **Guides and information for parents and carers**

The safety and welfare of children – or safeguarding – is everyone's business. 'Safeguarding' means protecting children from physical, emotional, sexual abuse and neglect. It also means helping children to grow up into confident, healthy and happy adults.

#### Useful links:

- You may find these short films with parenting tips for <u>Families under pressure</u> useful.
- https://www.cornwall.gov.uk/health-and-social-care/childrens-services/
- <u>Disability</u> information and resources

#### **On-line safety**

Talking to your child about online sexual harassment: A guide for parents: The things I wish my parents had known

ThinkuKnow - advice for Parents on internet safety

<u>Internet matters</u> - supporting families online.

#### **Bullying**

Bullying UK - Anti-bullying Alliance - advice for families

National Bullying Helpline - Advice on bullying at school

#### Self-harm and mental health concerns

NSPCC - advice on self-harm

Young Minds - supporting your child who is self harming

Action for Children - spotting the signs



Pencalenick School - Safeguarding