

# Pencalenick Post

May 2023

## Update from Mr Oak *Head Teacher*

Summer feels like it is truly on its way doesn't it? I hope that this is not a false dawn and we end up with the next 12 weeks of rain! Anyway, this has been a really short half term with all the excitement of the Coronation. But we have achieved a lot as a school as we consolidate all the development work that we have implemented over the last year or so.

I am really pleased that we are expanding and extending the offer to our pupils with activities like a visiting potter, wild flower gardens, preparation for the Falmouth Sea Shanty Festival, our very own 'Pirates of Pencalenick' day, girls in STEM at Spaceport Cornwall, robotics exhibition at Falmouth University, fishing with Wet Wheels, trips to the zoo, and sailing and powerboating to name just a few. We even got a lovely spot on Radio Cornwall as we prepared for the Coronation lunch.

The summer term continues to be as busy as we prepare for our annual, newly named, Strawberry Festival on the 28<sup>th</sup> June thanks to the hard work and energy of parents and staff in Pencalenick Friends. I am sure I have forgotten loads of great things that we have done and are in the process of planning and I hope this newsletter captures a few highlights for your enjoyment. Happy half-term! Thanks for being part of the Pencalenick community.



## Pencalenick School

Preparing our pupils for a full, interesting and productive life at Pencalenick and beyond



## Forthcoming Events

### *Dates for your Diary*

29<sup>th</sup> May to 2<sup>nd</sup> June: Half Term

12<sup>th</sup> June to 16<sup>th</sup> June: The Pirates of Pencalenick whole school performance week

16<sup>th</sup> June: The Pirates of Pencalenick open the Falmouth International Sea Shanty Festival

28<sup>th</sup> June: Summer Strawberry Festival. All welcome

3<sup>rd</sup> July: Teacher Training Day. School closed to pupils

19<sup>th</sup> July: Year 11 Leavers' Prom

21<sup>st</sup> July: Year 11 Leavers' Assembly

25<sup>th</sup> July: Last day of Summer Term. Happy holidays

# Arbor Parent Portal

## *Getting Connected*

We have had a great response to the opening of our Arbor Parent Portal App with 80% of our parents having already signed in.

The Portal gives you access to a restricted view of your child's profile on our information system. It allows you to check the details we hold are correct and gives you the ability to update them yourself. You can:

- Update your phone number, address and contact information
- See your child's attendance
- View your child's timetable
- Give or decline consents, including for trips and activities, photos, first aid, etc.

Once we get as close to 100% of parents signed up as possible, we will be able to open up other options, such as booking meals, paying for meals and trips.

If you have not already accessed the Portal, we would urge you to give it a go. If you would like some support to get started, please do not hesitate to contact Reception.



# Residential Highlights

It has been a busy and exciting term in the Residential department!

We've had some new pupils starting so "Hello to Keeley and Kai". They have both stayed for a few weeks now and are enjoying spending time with their friends, learning some new skills and taking part in lots of different activities.

We have also got a new member of staff. She is called Collette and joined us just before Easter. Collette likes doing lots of outdoor activities and supported the Jubilee Challenge. She is enjoying her new role and has taken part in beach walks, art and craft activities, basketball and lots of other activities and trips.

We bought a new pizza oven to use in the Boarders Forest school area and have been trying out new pizza toppings, some nicer than others!

In April we took part in the Jubilee Challenge, an overnight camp and a day walk on Dartmoor as part of the Ten Tors event.

This year we had two teams and some of the girls took part for the first time. Team A walked 7.8 miles and Team B walked 11 miles with everybody finishing their walks and only Charlie on the Care team got a blister. (Charlie didn't have a good time, he also got the bus stuck in the mud...). Big Thanks to Dave, Charlie, Collette and Becky K who supported and walked with the pupils and to Andy B for setting up the camp with his trusty helper David and to Miss Russell for taking all the tents down at the end of the event. We are looking forward to next year so look out for the dates and the info and sign up if you're interested!





# Class Highlights

## *Botallack Class*

This term Botallack have enjoyed Drama games, focusing on communication and interaction.

They have been learning about the human body in Science and relationships in P.S.H.E.

Pupils have also benefitted from meeting the school nursing team to look at and discuss information about health and caring for themselves. Everyone had a great time at the Coronation Lunch party.



# Class Highlights

## *Trebah Class*

This half term Trebah Class have been on some amazing adventures, some of which have really challenged us. We went to the Adrenalin Quarry where some of us went on the giant swing and zip wire.

We have also been to Newquay Zoo, where we looked at animals in their habitats.

Weekly swimming lessons have just started; we have our lesson and listen to the instructor's advice and love having the last 10 minutes to splash around and play on the giant floats.

We also took part in the Royal celebrations, by creating the centre pieces for the tables for the Big Lunch.

In History we are looking at the Normans and The Battle of Hastings.



# Class Highlights

## *Port Quin Class*

Port Quin have had an exciting half term! Year 11 have been preparing for their move to college by having some transition visits. TST in Callington have some lovely animals and exciting learning spaces (see the photo) and Tregye have welcomed Jude who has been visiting on a Thursday. Exciting times ahead!

We have also had a visit from a local potter called Hannah who worked with us one Wednesday morning. Pupils had a great time and Port Quin finished with an impressive collection of pottery animals, gargoyles and mugs!





## Class Highlights

### *Mount Charles ARB*

This half term we have had a fantastic sailing and powerboat day at Mylor and a great school trip to Newquay Zoo with our families.

Our current topic is 'people who help us'. A policeman visited the class and we had the opportunity to try on different types of hats, a heavy jacket with lots of pockets and to listen to the police radio live. We also asked lots of questions about the job and listened carefully to the answers.



## Class Highlights

### *Pencarrow Class*

What a busy start to the term the Pencarrow boys have had!

They have been building confidence speaking in front of their peers delivering their 'All about me' Power Points – what a great success!

The boys have also been developing their Drama skills working in small groups to develop their own characters and emotions for that character.

They have also had a trip to Malpas Park to build relationships with students and staff. This was a great day enjoyed by all.

Well done to Pencarrow for completing their Science assessment papers whilst continuing with their academic subjects.



# Class Highlights

## *Pendennis Class*

This has been an exciting half-term with Radio Cornwall and The Eden Project both interviewing our class about the Coronation of King Charles III. We enjoyed the celebrations and then our focus changed to our upcoming performance at the Falmouth Sea Shanty Festival. We have been busy rehearsing with pupils from across the school as part of our preparations for this and our whole school performance of 'The Pirates of Pencalenick'.

Pupils from Pendennis Class have also been busy with a visit to Truro Fire Station with the Phoenix Project. Some completed the Ten Tors hike across Dartmoor with the boarding team and one pupil, Tegen, even achieved the Chief Scout's Gold Award. It is brilliant to see so many of the class getting out and making the most of these opportunities. Next up is a visit to Spaceport Cornwall for the 'Take Up Space, Girls in STEM' event with local technology companies.





# Class Highlights

## *Caerhays Class*

This half term Caerhays have been very busy. As well as all our academic subjects we have been playing rounders in our PE lessons with invitations to other groups to join us. In addition to this we all went to a disco.

We have concentrated on setting up the poly tunnel, planting lots of seeds and watering them regularly and were lucky enough to receive donations from a variety of places, including ASDA. We have been enjoying playing 'Payday' which is a game involving finance and responsibility. Finally we are very lucky to have continued our Forest School sessions.





# Class Highlights

## *Budehaven ARB*

Students at Budehaven ARB have had a busy half term. Year 9 and 10 students had a day out at the Post 16 Choices Fair at Wadebridge Showground where they enjoyed finding out about all of the different activities on offer when they leave the ARB.

The Coronation featured highly – we had a Victoria Sponge bake-off where the students worked in teams to bake – with no adult help at all! You can see the results here – and they were all delicious.

Well done to Sky, Travis and Caitlin who won. We also acted out the ceremony before the big day and found out about the different artefacts.

This week we had a very special visit from 'Cousin Jack' a group of Shanty and folk singers including our own music teacher Kate. They kindly performed for us and we all joined in with 'John Kanaka' at the end which is our favourite song to finish our music sessions with!



# Class Highlights

## *Heligan Class*

Heligan Class have had a royal themed start to the summer term; we have created Coronation collage art and written letters to King Charles. We have been practising our sewing skills to create our own Coronation badge and decorated Coronation themed biscuits. We even used the Coronation to help with our number bonds work in Maths! We enjoyed the whole school Big Lunch and were very proud to see the centrepieces that we decorated on display.

Students have been working hard in lessons, and also making great progress towards their PLG targets, especially around those related to independence.

We are looking forward to our Pirates topic and taking part in the Pirates of Pencalenick later in the term.



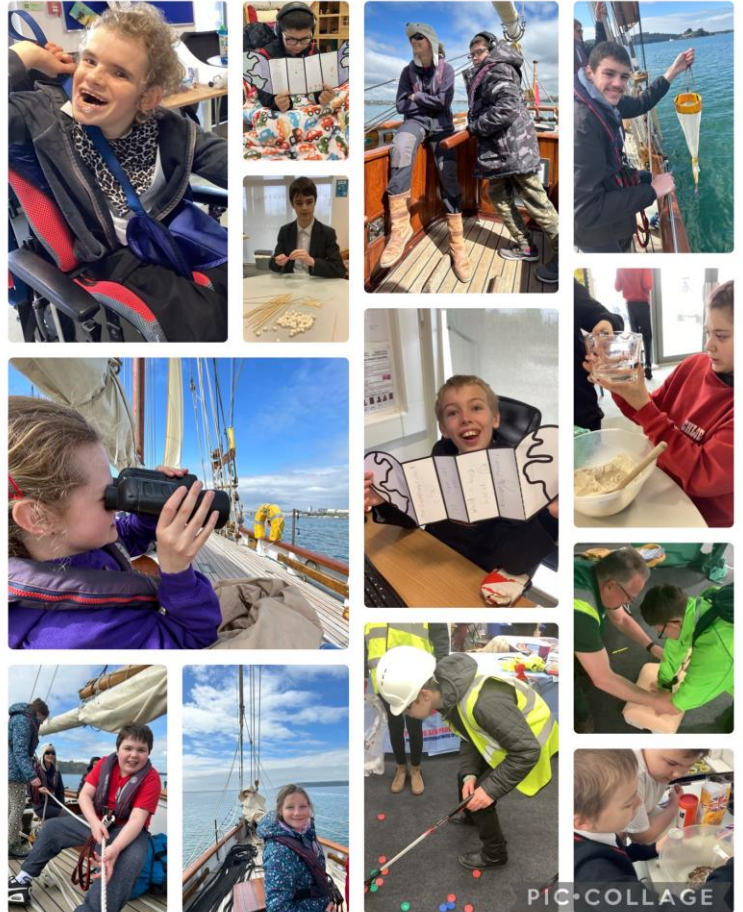


# Class Highlights

## *Brannel ARB*

Brannel ARB have had a busy half term. We have been exploring the future of our planet in literacy and looking at different ways we can look after the environment. Pupils enjoyed participating in celebrations for King Charles' Coronation, creating portraits and collages of our new king and baking Coronation cupcakes. We have been fortunate to take part in sailing trips with the Island Trust in Plymouth, improving our wellbeing on the water and engaging in fantastic marine biology challenges, carrying out plankton trawls and studying barnacles under the microscope.

Year 9 and 10 students have been exploring careers and job roles, visiting the 'My skills, My Future' experience where they had opportunities to meet a variety of Post 16 providers and individuals from various industry pathways.



# Class Highlights

## *Bedruthan Class*

A short but busy term in Bedruthan! We have completed our Step up to English Assessments for this year but we are continuing with our ELC Maths assessments.

In PE we have been honing our skills in cricket - lots of hand-eye co-ordination needed with hitting the ball and catching!

We have been focussing on our healthy lifestyles by looking at how to keep active and skills we would like to improve.

We have done a litter pick up as part of our Duke of Edinburgh Award and had another clay-modelling lesson with Hannah Lawrence.

Away from the classroom Logan has been competing in Athletics events and threw 21.06m in the Javelin, another new PB!





# Class Highlights

## *Crantock Class*

This half term Crantock have been enjoying looking at how to keep themselves healthy by making healthy snacks and meals, taking part in PE and sensory circuits, walking and using the go karts.

We also celebrated the Coronation by making a celebration banner together and taking part in The Big Lunch.



# Class Highlights

## *Eden Class*

What a jam packed few weeks we have had in Eden! We have been very busy celebrating the coronation of our King as a school as well as learning about Flora Day. Now the weather is changing, we are spending more time outside, particularly in the garden caring for our sunflowers, sweet peas and other plants.

We have also taken some of our learning outside, such as Maths where we have been focusing on measurement and English as we have been learning about our environment and how to protect it. All of the class seem very engaged, especially in their new art project which we decided to focus around the theme 'jungle'. We are looking forward to the rest of the half term as we have lots of exciting things coming up!





# Class Highlights

## *Trerice Class*

Trerice have been busy finishing coursework, assessment papers and speaking/listening exams for their GCSE, Functional Skills and Entry Level qualifications.

Whilst it's been all hard work and focus these last few weeks, we have still managed to find time to do some litter-picking for their Duke of Edinburgh Award, as well as a day of work experience with the fire service via the Phoenix Project. I wish the Year 11s the very best of luck in their exams.



PIC•COLLAGE

# Class Highlights

## *Towan Class*

This term in PE, Towan have been doing sensory circuits and working on their balance and motor skills. This has been achieved through a series of obstacle courses - certain members believed they were competing in their own school version of Ninja Warrior!

Understanding and recognising emotions and feelings of others has been a real focal point this term. With small workshop sessions/lessons helping to identify them, Towan have been reading from the book of "Feeling Monsters". In small working groups, Team Towan have been able to correctly correlate the visual facial expressions to the appropriate emotions.

Towan went out to test their sea legs again on the open waters of the Roseland Peninsula. In two groups they were shuttled over to St Mawes, Feock and Falmouth. The purpose of the day's excursion was to visually show the Earth's natural water cycle and coastal erosion. It also linked into last terms study on wildlife habitats (as a result of observing some sunbathing seals).

This term Towan has had the pleasure of a new member joining their group where some friendships have been made.





# Class Highlights

## *Lanhydrock Class*

Lanhydrock have had a great start to the summer term with continued work and development to the wildflower meadow, planning and implementing our own individual art projects and lots of work around maps in Maths.

In English we are in the process of redrafting recounts we have written, providing a good opportunity to develop all aspects of our written work as we review and improve what we have done.

The photos here show our wonderful actors using all their skills to act the battle of Stamford Bridge - part of our History work on the Norman conquest.

Repeating basic recipes in Cookery is giving us the chance to gain independence, especially on the second run through when staff step back to see what students remember from the previous week. We have lots to look forward to in the weeks ahead with a sailing event planned and a wood work project for us to get involved in... watch this space!



PIC•COLLAGE

# Class Highlights

## *Trelissick Class*

The first half of the Summer term has gone very quickly for us in Trelissick. Our pond is slowly getting itself established and the children are now noticing little insects in and around the pond.

We have been really lucky to have had PC Toby and PC Phil in school to deliver a two week mini police course to the class. This course covers many aspects of safeguarding and lots of lovely activities that everyone has thoroughly enjoyed.





# Class Highlights

## *Falmouth ARB*

The Students at Falmouth ARB enjoyed a day out on the water thanks to Wetwheels South West at Mylor. Dressed for the occasion and holding on tightly, we are not sure who had more fun... the students or the staff!



# Safeguarding

## *School Website*

Don't forget that you can find information all around safeguarding and attendance on our school website

**Pencalenick School - Safeguarding**  
**Pencalenick School - Reporting Absence**





# SPACE

*Supporting parents and children emotionally*

The Pencalenick team invites you to register your interest in ...



## **SPACE** : **Supporting parents and children emotionally**

**SPACE** is a new **free** programme for **any parent or carer** who wants to better understand and support their children's emotions, as well as their own.

**This session, online/face-to-face programme will cover:**

- Understanding what is meant by a Trauma Informed approach
- Understanding toxic stress and the flight/fight response
- Practical approaches to support children to regulate their emotions
- Healthy coping strategies for dealing with stress
- Managing different emotions
- Understanding behaviour
- Building resilience in ourselves and our children
- Adopting appropriate expectations of children
- Enhancing your ability to provide nurturing care

The workshops will be ran by Roz Blight.

Where: Pencalenick School/online

When: TBC

Dates: TBC



To register your interest or find out more, please email

[rblight@pencalenick.org](mailto:rblight@pencalenick.org)

**HEADSTART  
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**Together  
for Families**

