

Online Support for Children and young people



Scan the QR code to access details for these organisations

Health and wellbeing



Kooth provides mental health and wellbeing advice to children and young people.



The Mix posts articles and guidance across a range of health focused topics.



Young Minds provides tools and guidance about looking after your mental health.

Drugs and Alcohol



Find out everything you need to know about drugs, their effects and the law. Talk to Frank for facts, support and advice on drugs and alcohol.



Get free, confidential support with alcohol, drugs or mental health from one of our local services or online.
(Cornwall only)



EDP Drug & Alcohol Services offers friendly, free, confidential drug and alcohol support in Devon.

Travel safety



Road safety resources and guidance for professionals working with young people.



Educational resources that encourage young people to stay switched on around the railway.



Resources for keeping young people safe near and in the water — and what to do if anything ever goes wrong.

Crime and Youth Justice



Fearless from Crimestoppers gives young people a way to report crime anonymously.



The Devon and Cornwall Police youth pages provides advice for young people.



Support for victims and witnesses of crime. Also includes a virtual courtroom.



Lives Not Knives are dedicated to preventing youth violence. Includes education resources.



What is county lines?

Information and resources tackling county lines.



Government advice and resources to help safeguard students from radicalisation.

Feeling Safe

childline

ONLINE, ON THE PHONE, ANYTIME
childline.org.uk | 0800 1111

Childline provides telephone and online support for children and young people.

THE MIX

The Mix posts articles and guidance across a range of safeguarding topics.

Believe in children
 **Barnardo's**

Barnardos supports children and young people in the UK.

 **ANTI-BULLYING ALLIANCE**

The Anti-Bullying Alliance is a coalition of organisations providing guidance and resources for professionals.

 **Anna Freud**
National Centre for Children and Families

Works in collaboration with children and young people, their families and communities.



Worried about online sexual abuse or the way someone has been communicating with you online? Report it here.

Hate crime and Diversity

 **STOP HATE UK**
STOP HATE. START HERE

The hub covers issues surrounding online Hate Crime, its impact and how to challenge and report it.



Guidance and advice about how to report a hate crime.



Report hate crime online via the Devon and Cornwall Police website.

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 **DCDHUB**



Thinkuknow provides support for young people upon how to stay safe online. For all age groups.



BBC's Own it has guidance and advice about ow to stay safe online, for primary school children.



Online safety guidance for 11-14 year olds upon how to stay safe and happy online.



Safer Internet Centre provides telephone and online support for professionals working with children and young people



'So you got naked online' is a practical resource for supporting young people who have sent nudes.



Information about the Apps and games being played by children and young people.



Guidance and resources for professionals working with young people.



Online Safety guidance from Google for young people with a support section for parents.



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