



## Pencalenick School

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'Academy Trust School specialising in Complex Learning Difficulties and Disabilities'

17<sup>th</sup> September 2021

### Advice to all parents - Confirmed Case

Dear Parents/Carers,

I am writing to inform you that that we have had two confirmed cases of COVID within the school.

We are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The **school remains open** and, providing your child remains well, they can continue to attend school as normal. We will keep this under review. Please be assured that if there is a case in your child's class we will let you know.

### What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, **you should organise for your child to be tested** via the [NHS online portal](#) or by calling 119. Your household should isolate until you receive the test results giving the all clear.

### Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

### How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

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Do:

- keep a safe distance (at least 2 metres) away from people you do not live with or who are not in your support bubble.
- Reduce the time spent in crowded areas where it may be difficult to social distance
- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- clean surfaces often, paying particular attention to surfaces touched often (e.g. light switches or electronic devices)
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze. Dispose of tissues into a rubbish bag immediately and wash your hands.
- wear a face covering in indoor spaces where social distancing may be difficult.
- Keep indoor spaces as well ventilated as possible – let the fresh air in, even if for a short period a day.

### Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Kind Regards,

A handwritten signature in black ink that reads "Ruth Zimmerman". The signature is written in a cursive style with a long, sweeping underline.

Ruth Zimmerman  
Head Teacher